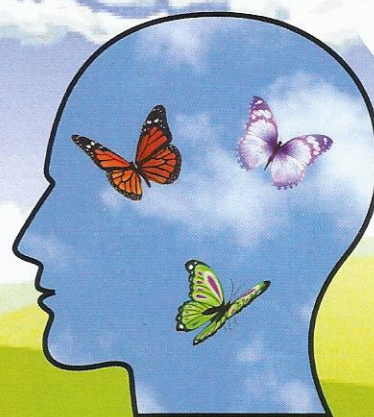


Fly... with



SKY



SKYTM
Healing
Breathe into an Extraordinary Life

SKY Healing Technique

Prominent features

- A New-Age self healing technique
- Extremely Powerful and Effective
- Short technique (takes 12 min)
- Harmonizes Body, Mind and Spirit
- Can be practiced at Any time, Any Place
- Mainly uses our Energy Meridians and Breath

Benefits of SKY

Physical Benefits

- Strengthens immune system
- Helps in relieving muscle tension
- Helps relaxing nervous system
- Helps in normalizing Blood pressure
- Reduces pressure on cardiovascular system
- Restores balance function of digestive system
- Cures insomnia
- Cures irritable bowel syndrome
- Controls blood sugar levels
- Cures skin disorders
- Helps controlling obesity
- Restores hormonal imbalances
- Increases over all energy levels

Psychological Benefits

- Helps Relieving Stress, Fears, Insecurities, Anxieties
- Helps Managing Anger, Depression, Low Self Esteem
- Calms the Mind
- Generates Optimism and Motivation
- Boosts Confidence and Will Power
- Improves Inter - Personal Relationships
- Increases Patience
- Improves Concentration
- Brings Greater Creativity and Clarity of Mind
- Helps in Handling Challenging Situations in a positive way

Prashant K. Patel

M.: 8980008863

SF-3, 2nd Floor, Saral Prakash, Chanakyapuri Road, Sama, Vadodara- 390024